

Diapering and Handwashing

Diapering Procedure

1. Before beginning the diapering procedure, wash your hands by using proper hand hygiene procedures (as detailed below)
2. To minimize contamination, prepare for diapering by getting out all the supplies needed for the diaper change and placing them near, **but not on**, the diapering surface
 - Enough wipes for the diaper change, including cleaning the child's bottom and wiping your hands and the child's hands before putting on the clean diaper (wipes must be taken out of their container).
 - A clean diaper
 - A plastic bag for soiled clothes and a set of clean clothes if soiled clothing is anticipated.
 - Non-porous gloves (if used)
 - A dab of diaper cream/ointment on a disposable paper towel (if used)
 - Changing table paper (if used) to cover the table from the child's shoulders to feet (in case it becomes soiled and must be folded over to create a clean surface during change).
3. Place the child on diapering table, Remove clothing to access diaper. If soiled, place clothes into a plastic bag.
4. Remove soiled diaper and place into lined, covered, hands-free trash container immediately.
5. Use wipes to clean child's bottom from front to back (one wipe per swipe) and throw away into trash container. If gloves are used, they must be discarded at this time.
6. Use a wipe to remove soil from your hands and throw away into hands-free trash container.
7. Use another wipe to remove soil from child's hands and dispose of in hands-free trash container.
8. Put clean diaper under the child and apply diaper cream/ointment that was placed on the paper towel (if needed).
9. Secure diaper and redress the child. Do not stand the child on the changing table (contamination).
10. Wash the child's hands, following the proper handwashing procedure. Return the child to the play area without touching any surfaces.
11. Clean the diapering surface with soap and water solution and wipe dry, dispose of towel in hands-free trash container.
12. Disinfect the diapering surface by spraying with bleach and water solution or EPA approved sanitizer and wait at least 2 minutes before wiping (or allow to air dry). **NOTE:** Follow the contact time on the label of the product. (Cleaning/sanitizing bottles for diapering/toileting area should be separate from cleaning/sanitizing bottles for food prep and eating surfaces.)
13. Wash your hands by using the proper hand hygiene procedure (as detailed below)
14. Spray sink and faucet handles with bleach/water solution or EPA approved sanitizer if used for other purposes.



Note: When changing a child's soiled underwear, pull-up or diaper standing up, all procedures above must be followed. To avoid contaminating child's clothing, socks, or shoes; these items must be removed before the changing begins.

Handwashing Procedure

1. Moisten hands with water and use liquid soap.
2. Rub hands together away from the flow of water for 20 seconds.
3. Rinse hands free of soap under running water.
4. Dry hands with a clean, disposable paper towel or air dry with a blower.
5. Turn off faucet using paper towel.
6. Throw the used paper towel into a hands-free trash container.

