

Diapering/Handwashing Procedure- for use with the ERS-3 (Adapted to meet Wisconsin Licensing requirements)

1. Before beginning the diapering procedure, clean your hands following the proper handwashing procedure.
2. To minimize contamination, prepare for diapering by getting out all of the supplies needed for the diaper change and placing them near, **but not on**, the diapering surface, for example:
 - Non-porous changing table paper (if used) to cover the table from the child's shoulders to beyond the child's feet (in case it becomes soiled and must be folded over to create a clean surface during the change)
 - Enough wipes for the diaper change, including cleaning the child's bottom and wiping the teacher's and child's hands before putting on the clean diaper (wipes must be taken out of their container)
 - Unused diaper and clean clothes, if needed
 - A plastic bag for soiled clothes
 - Disposable gloves (if used)
 - A dab of diaper cream on a disposable paper towel (if used)
3. Place the child on diapering table. Remove clothing to access diaper. If soiled, place clothes into a plastic bag.
4. Open the soiled diaper and leave under the child while the child is cleaned.
5. Use wipes to clean child's bottom from front to back (one wipe per swipe) and throw away with the soiled diaper into a plastic-lined, covered, hands-free trash container.
6. Check for spills on the paper liner (if used), and if needed, fold the paper over to create a clean surface.
7. If gloves are used, they must be discarded at this time.
8. Use a wipe to remove soil from your hands and throw into trash container.
9. Use another wipe to remove soil from child's hands and throw into trash container.
10. Slide the clean diaper under the child and use a facial or toilet tissue or clean disposable gloves to apply any necessary diaper creams, discarding the tissue or gloves in a plastic-lined, hands-free covered can and redress the child.
11. Wash the child's hands following the proper handwashing procedure. Return the child to the play area without touching any other surfaces.
12. Dispose of the disposable paper liner (if used) in the plastic-lined, hands-free covered can.
13. Remove any visible soil from the changing surface by spraying it with a soapy water solution and drying with a paper towel.
14. Wet the entire changing surface with a disinfectant that is appropriate for the surface material being treated. Follow the manufacturer's instructions for use.
15. Clean your hands following the proper handwashing procedure.

Handwashing Procedure*:

1. Moisten hands with water and apply liquid soap.
2. Rub hands together away from the flow of water for 20 seconds.
3. Rinse hands free of soap under running water.
4. Dry hands with a clean disposable paper towel or a one-time use cloth towel, or dry thoroughly with an air dryer.

*Since current research has not shown that a significant number of germs are transferred between hands and faucet during handwashing, it is not required to turn off the faucet with a paper towel. In addition, to conserve water, the faucet may be turned off during the lathering step and turned back on for rinsing. (*Caring for Our Children, 4th edition, Standard 3.2.2.2, updated May 2019*)

Information taken from *Caring for Our Children: National Health and Safety Performance Standards: Guidelines for Early Care and Education Programs, 4th edition*. American Academy of Pediatrics, American Public Health Association, and National Resource Center for Health and Safety in Childcare and Early Education (2019).